



MIFAS
by Greenis

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**AO
FAS**

AMERICAN
ORTHOPAEDIC
FOOT & ANKLE
SOCIETY®

COURSE DIRECTORS
Rebecca Cerrato, MD
A. Holly Johnson, MD

Basic & Advanced Course of Foot & Ankle Minimally Invasive Surgery

NOVEMBER 10th-11th 2023

Philadelphia - USA

English Course 

GENERAL INFORMATION



Dates

November 10th - 11th 2023



Course Directors

Rebecca Cerrato, MD

The Institute for Foot and Ankle Reconstruction, Baltimore, MD

Holly Johnson, MD

Hospital for Special Surgery, NY, NY



Venue

MAST LABS Philadelphia

1 Crescent Drive

Suite 103

Philadelphia, PA 19112

www.mastsurgical.com



Official Hotel

Club Quarters Hotel Rittenhouse Square, Philadelphia

1628 Chestnut St, Philadelphia, PA 19103, Estats Units



Language

English Course



Tuition

Fellows: \$750

Surgeons: \$1500

Limited to 30 attendees



Website

www.mifas.org



Contact

contact@mifas.org

INTRODUCTION

7:30 am
Breakfast

7:45 am
Opening Remarks
Rebecca Cerrato
Holly Johnson

7:50 am
MIFAS History
Rebecca Cerrato

8:00 am
Anatomy and Percutaneous Surgery
Miquel Dalmau-Pastor

8:15 am
Know Your Instruments
Patrick Maloney

LESSER TOE DEFORMITIES-LECTURES

8:30 am
Anatomy of lesser toes and rays
Miquel Dalmau-Pastor

8:40 am
Definition and deformity types
Veronique Darcel

8:50 am
Soft tissue & bone surgical
techniques
Veronique Darcel

9:00 am
Toe deformities: what can we learn
from the literature?
Chris Miller

Attendee questions

9:30 am
Coffee Break, Know Your Instruments
(company workshop)

LESSER TOE DEFORMITIES-LAB SESSION

9:45 am
SawBones demo
Alastair Younger

9:50 am
SawBones practice

10:00 am
Cadaver demo
Veronique Darcel

10:10 am
Cadaver Lab

12:00 pm Lunch

METATARSALGIA-LECTURES

12:45 pm
Definition & diagnostic approach
Olivier Laffenetre

1:15 pm
DMMO Surgical technique &
postoperative care
Chris Miller

1:30 pm
Advanced techniques of lesser MT:
DOMMO, DICMO
Olivier Laffenetre

1:45 pm
Limits & contraindications – MIFAS's
indications
Chris Miller

TAILOR DEFORMITY-LECTURES

2:05 pm

Bunionette types & surgical techniques

Errol Bailey

2:15 pm

Metatarsalgia & Tailor's bunion: Limits and contraindications

Errol Bailey

Attendee questions

HALLUX RIGIDUS

2:30 pm

Percutaneous cheilectomy- indications & surgical technique

Steven Steinlauf

2:45 pm

Coffee Break

METATARSALGIA & TAILOR DEFORMITY-LAB SESSION

3:00 pm

SawBones demo-DMMO, Tailor

Errol Bailey

3:05 pm

SawBones practice

3:10 pm

Cadaver demo-DMMO & Tailor

Steven Steinlauf

3:15 pm

Cadaver Lab

4:15 pm

Specimen Dissection

Miquel Dalmau-Pastor

5:00 pm

Happy Hour

HALLUX VALGUS-LECTURE

7:30 am
Breakfast

7:45 am
Anatomy of the first ray
Miquel Dalmau-Pastor

8:10 am
Percutaneous Chevron (PERC):
surgical technique
Julien Lucas Hernandez

8:25 am
MICA: theoretical concepts, surgical
technique
Joel Vernois

8:40 am
Percutaneous Lapidus arthrodesis:
surgical technique
Alastair Younger

8:55 am
Percutaneous Intra-articular Chevron
Osteotomy (PeICO technique)
Javier Del Vecchio

9:05 am
Hallux valgus/MIS: indications
& what can we learn from the
literature?
Paulo Carvalho

Attendee questions

9:20 am
Coffee Break

HALLUX VALGUS-LAB SESSION

9:30 am
SawBones demo-MICA
Pete Mangone

9:40 am
SawBones practice

10:15 am
Cadaver demo-MICA
Joel Vernois

10:30 am
Cadaver demo-PeICO
Javier Del Vecchio

10:45 am
Cadaver LAB

Attendee questions

12:00 pm
Dressing-Technical Tips Video

12:15 pm
Dressing Training

12:30 pm Lunch

CALCANEAL OSTEOTOMY-LECTURES

1:15 pm
MICO technique, postoperative care,
review of literature
Jorge Acevedo

1:35pm
Zadek osteotomy, indications,
technique
Oliver Schipper

CALCANEAL OSTEOTOMY-LAB SESSION

1:50 pm
SawBones demo
Jorge Acevedo

1:55 pm
SawBones practice

2:10 pm
Cadaver demo (MICO and Zadek)
Christopher Miller

2:20 pm
Cadaver LAB

3:20 pm
Specimen Dissection

COURSE CONCLUSION

3:40 pm
Complications in percutaneous
surgery and how to avoid them
Pete Mangone

4:00 pm
From easy to difficult: how to
introduce percutaneous techniques
into practice
Veronique Darcel

5:00 pm
MIFAS: Our next steps
Rebecca Cerrato



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SURGEONS

A. Holly Johnson, US

Rebecca Cerrato, US

Steve Steinlauf, US

Erroll Bailey, US

Oliver Schipper, US

Peter Mangone, US

Jorge Acevedo, US

Patrick Maloney, US

Chris Miller, US

Alastair Younger, Canada

Oliver Laffernetre, France

Paulo Carvalho, Portugal

Javier Del Vecchio, Argentina

Julien Lucas y Hernandez, France

Veronique Darcel, France

Joel Vernois, France

ANATOMIST

Miki Dalmau Pastor, Spain