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COURSE DIRECTORS

Jordi Vega, MD, Spain

Guillaume Cordier, MD, France

Miquel Dalmau-Pastor, PhD, Spain

5th Basic Ankle Arthroscopy Course

DECEMBER 15th 2023

Barcelona - Spain

English Course 

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5th Basic Ankle Arthroscopy Course



Date

December 15th 2022 | 8:00 am to 6:00 pm



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Venue

Universitat de Barcelona – Campus Bellvitge
Sala de dissecció
Carrer de la Feixa Llarga, s/n
08907 L'Hospitalet de Llobregat, Barcelona
[Click Here](#)



Language

English Course



Registration fees

Basic course: 1.200€ | Members Fee: 1.000€
Basic & advanced course package: 2.000€ | Members Fee: 1.800€

*Limited to 20 attendees
1 foot per attendee*

Course registration includes:

Welcome Pack (notebook and pen)
Lunch and coffee breaks
Official course dinner

Registration does not include:

Accommodation



Website

www.mifas.org



Contact

contact@mifas.org

08:15-08:30h **Registration**

1 / ANTERIOR ANKLE ARTHROSCOPY

08:30-09:30h **BRIEF INTRODUCTION**

- Anatomical basis in anterior ankle arthroscopy
- Arthroscopic set up (instruments and patient positioning)
- Anterior ankle arthroscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)
- Basic indications: All-inside ligament repair

09:30-11:00h **HANDS-ON SESSION**

11:00-11:30h Coffee Break ☕

11:30-13:00h **HANDS-ON SESSION**

13:00-14:00h Lunch 🍽️

2 / HINDFOOT ENDOSCOPY

14:00-14:30h **BRIEF INTRODUCTION**

- Anatomical basis in hindfoot endoscopy
- Arthroscopic set up (instruments and patient positioning)
- Hindfoot endoscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)
- Basic indications

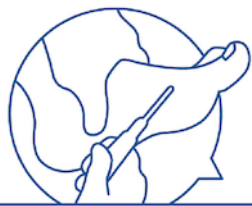
14:30-16:00h **HANDS-ON SESSION**

16:00-16:30h Coffee Break ☕

16:30-18:00h **HANDS-ON SESSION**

18:00h **COURSE CLOSURE**





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