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AMERICAN
ORTHOPAEDIC
FOOT & ANKLE
SOCIETY®

COURSE DIRECTORS

Rebecca Cerrato, MD

A. Holly Johnson, MD

Oliver Schipper, MD

4th Basic & Advanced Course of Foot & Ankle Minimally Invasive Surgery

OCTOBER 24th-25th 2025

Miami - USA

 English Course

 1 ankle specimen per participant

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GENERAL INFORMATION



Dates

October 24th-25th 2025



Course Directors

Rebecca Cerrato, MD

The Institute for Foot and Ankle Reconstruction, Baltimore, MD

Holly Johnson, MD

Hospital for Special Surgery, NY, NY

Oliver Schipper, MD

Anderson Orthopaedic Clinic, Alexandria, United States



Venue

Miami Anatomical Research Center

8850 NW 20 Street

Miami FL 33172

<https://marc.institute>



Language

English Course



Tuition

Fellows: \$800

Surgeons: \$1700

Limited to 40 attendees



Website

www.mifas.org



Contact

contact@mifas.org



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Friday October 24th

INTRODUCTION

- 8:00 am Opening Remarks
- 8:05 am MIFAS History
- 8:15 am Anatomy and Percutaneous Surgery
- 8:30 am Know Your Instruments

LESSER TOE DEFORMITIES-LECTURES

- 8:45 am Anatomy of lesser toes and rays
- 8:55 am Definition and deformity types
- 9:10 am Soft tissue & bone surgical techniques
- 9:20 am Postoperative care and dressings
- Attendee questions
- 9:45 am Coffee Break, Know Your Instruments (company workshop)

LESSER TOE DEFORMITIES-LAB SESSION

- 10:00 am SawBones demo
- 10:05 am SawBones practice
- 10:15 am Cadaver demo
- 10:25 am Cadaver Lab
- 12:15 pm Lunch

METATARSALGIA-LECTURES

- 13:00 pm Definition & diagnostic approach
- 1:30 pm DMMO Surgical technique & postoperative care
- 1:45 pm Advanced techniques of lesser MT: DOMMO, DICMO
- 2:00 pm Limits & contraindications – MIFAS's indications

TAILOR DEFORMITY-LECTURES

- 2:15 pm Bunionette deformity: surgical techniques, limits, contraindications
- Attendee questions

HALLUX RIGIDUS

- 2:35 pm Percutaneous cheilectomy- indications & surgical technique
- 3:00 pm Coffee Break

METATARSALGIA & TAILOR DEFORMITY-LAB SESSION

- 3:15 pm SawBones demo-DMMO, Tailor
- 3:20 pm SawBones demo Bunionette
- 3:20 pm SawBones practice
- 3:25 pm Cadaver demo-DMMO
- 3:30 pm Cadaver demo bunionette
- 3:35 pm Cadaver Lab
- 4:20 pm Happy Hour

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Saturday October 25th

HALLUX VALGUS-LECTURES

- 8:00 am Anatomy of the first ray
- 8:10 am Soft tissue release & Akin osteotomy: surgical technique
- 8:30 am Percutaneous Chevron (PERC): surgical technique
- 8:40 am MICA: theoretical concepts, surgical technique
- 9:00 am Percutaneous Lapidus arthrodesis: surgical technique
- 9:15 am Hallux Rigidus – MIS osteotomy

Attendee questions

- 9:35 am Coffee Break

HALLUX VALGUS-LAB SESSION

- 9:55 am SawBones demo-Akin
- 10:00 am SawBones demo Chevron
- 10:05 am SawBones practice
- 10:20 am Cadaver demo-MICA
- 10:45 am Cadaver LAB
- Attendee questions
- 12:15 pm Dressing-Technical Tips Video
- 12:30 pm Dressing Training
- 12:45 pm Lunch

CALCANEAL OSTEOTOMY-LECTURES

- 1:30 pm MICO technique, postoperative care, review of literature
- 1:50pm Zadek osteotomy, indications, technique

CALCANEAL OSTEOTOMY-LAB SESSION

- 2:05 pm SawBones demo
- 2:10 pm SawBones practice
- 2:25 pm Cadaver demo (MICO and Zadek)
- 2:40 pm Cadaver LAB
- 3:35 pm Specimen Dissection

COURSE CONCLUSION

- 3:55 pm Complications in percutaneous surgery and how to avoid them
- 4:10 pm Clinical cases
- 5:00 pm MIFAS: Our next steps



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