



#### COURSE DIRECTORS

Jordi Vega, MD, Spain

Guillaume Cordier, MD, PhD, France

Miki Dalmau-Pastor, PhD, Spain

# 7th Basic Ankle Arthroscopy Course

NOVEMBER 17<sup>th</sup> 2025

Barcelona - Spain

English Course

## FACULTY

**Mette Andersen, MD**  
Foot & Ankle Surgeon  
Norway

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**Gustavo Araujo Nunes, MD, PhD**  
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Egypt

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**Andrew Hong, MD**  
Foot & Ankle Surgeon  
Singapore

# 7th Basic Ankle Arthroscopy Course

NOVEMBER 17<sup>th</sup> 2025

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## GENERAL INFORMATION



### Date

NOVEMBER 17<sup>th</sup> 2025 | 8:15 am to 6:00 pm



### Course Directors

Jordi Vega, MD, Spain  
Guillaume Cordier, MD, PhD, France  
Miki Dalmau-Pastor, PhD, Spain



### Venue

Universitat de Barcelona – Campus Bellvitge  
Sala de dissecció  
Carrer de la Feixa Llarga, s/n  
08907 L'Hospitalet de Llobregat, Barcelona  
[Click Here](#)



### Language

English Course



### Registration fees

Basic course: 1.200€ | Members Fee: 1.000€

Basic & advanced course package: 2.000€ | Members Fee: 1.800€

*Limited to 24 attendees*

*1 foot per attendee*

### Course registration includes:

Welcome Pack (notebook and pen)  
Lunch and coffee breaks  
Official course dinner

### Registration does not include:

Accommodation



### Website

[www.mifas.org](http://www.mifas.org)



### Contact

[contact@mifas.org](mailto:contact@mifas.org)



# 7th Advanced Ankle Arthroscopy Course

NOVEMBER 17<sup>th</sup> 2025

Barcelona - Spain



## SCIENTIFIC PROGRAMME

08:15-08:30h Registration

### 1 / ANTERIOR ANKLE ARTHROSCOPY

08:30-09:50h BRIEF INTRODUCTION

08:30-08:45h Anatomical basis in anterior ankle arthroscopy

08:45-09:00h Anatomy of the ankle ligaments

09:00-09:15h Arthroscopic set up (instruments and patient positioning)

09:15-09:30h Anterior ankle arthroscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)

09:15-09:25h Basic indications:  
All-inside ligament repair

09:50-11:20h HANDS-ON SESSION

11:20-11:40h Coffee Break ☕

11:40-13:10h HANDS-ON SESSION

13:10-14:00h Lunch 🍽️

### 2 / HINDFOOT ENDOSCOPY

14:00-14:55h BRIEF INTRODUCTION

14:00-14:10h Anatomical basis in hindfoot endoscopy

14:10-14:25h Arthroscopic set up (instruments and patient positioning)

14:25-14:40h Hindfoot endoscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)

14:40-14:55h Basic indications

14:55-18:00h HANDS-ON SESSION

18:00h COURSE CLOSURE



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