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**COURSE DIRECTORS**  
Dr Rebecca Cerrato  
Dr Steven Neufeld

# Basic Course of Foot & Ankle Minimally Invasive Surgery

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**NOVEMBER 11th-12th 2022**

**Washington DC - USA**

English Course 

## **FACULTY**

**Holly Johnson, MD**

Hospital for Special Surgery, NY, NY

**Jorge Acevedo, MD**

Southeast Orthopedic Specialists, Jacksonville, FL

**Alastair Younger, MD**

BC Foot and Ankle Specialists, Vancouver, BC

**Steven Steinlauf, MD**

Orthopedic Foot and Ankle Institute of South Florida, Hollywood, FL

**Patrick Maloney, MD**

The Institute for Foot and Ankle Reconstruction, Baltimore, MD

**Errol Bailey, MD**

Resurgens Orthopaedics, Atlanta, GA

**Christopher Miller, MD**

Beth Israel Deaconess Medical Center, Boston, MA

**Miquel Dalmau Pastor, PhD**

University of Barcelona, Barcelona, Spain

**Javier Del Vecchio, MD, MBA**

Favaloro Foundation – University Hospital, Buenos Aires, Argentina

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## GENERAL INFORMATION



### Dates

November 11th - 12th 2021



### Course Directors

Dr Rebecca Cerrato, MD  
*The Institute for Foot and Ankle Reconstruction, Baltimore, MD*  
Dr Steven Neufeld, D  
*The Orthopaedic Foot and Ankle Center, Arlington, VA*



### Venue

MAST surgical training LAB  
6400 Goldsboro Rd. Suite 360  
Bethesda, MD USA  
[www.mastsurgical.com](http://www.mastsurgical.com)



### Language

English Course



### Tuition

Fellows: \$500  
Surgeons: \$1500

Limited to 26 attendees



### Website

[www.mifas.org](http://www.mifas.org)



### Contact

[contact@mifas.org](mailto:contact@mifas.org)




# SCIENTIFIC PROGRAM

## DAY ONE: Friday November 11, 2022




### INTRODUCTION

7:30 am	Breakfast
7:45 am	Opening Remarks Rebecca Cerrato / Steven Neufeld
8:00 am	MIFAS History Rebecca Cerrato
8:05 am	Anatomy and Percutaneous Surgery
8:15 am	Know Your Instruments
8:30 am	Know Your Instruments (company workshop)
9:00 am	Coffee Break 

### LESSER TOE DEFORMITIES-LECTURES

9:15 am	Anatomy of lesser toes and rays
9:25 am	Definition and deformity types
9:35 am	Soft tissue & bone surgical techniques
9:50 am	Postoperative dressing and care
10:00 am	Toe deformities: what can we expect from the literature?  Attendee questions

### LESSER TOE DEFORMITIES-LAB SESSION

10:30 am	SawBones demo
10:40 am	SawBones LAB
11:00 am	Cadaver demo
11:15 am	Cadaver LAB
12:40 pm	Lunch 


### METATARSALGIA-LECTURES

1:30 pm	Definition & diagnostic approach
1:45 pm	Surgical technique & postoperative care
2:00 pm	Limits & contraindications – MIFAS's indications

### TAILOR DEFORMITY-LECTURES

2:15 pm	Bunionette types & surgical techniques
2:30 pm	Metatarsalgia & Tailor's bunion: what can we expect from the literature?  Attendee questions

### HALLUX RIGIDUS

2:45 pm	Percutaneous cheilectomy- indications & surgical technique
3:00 pm	Coffee Break 

### METATARSALGIA & TAILOR DEFORMITY-LAB SESSION

3:15 pm	SawBones demo-DMMO, Tailor
3:25 pm	SawBones LAB
3:45 pm	Cadaver demo-DMMO & Tailor
3:55 pm	Cadaver LAB
4:50 pm	Specimen Dissection
5:00 pm	Happy Hour

# SCIENTIFIC PROGRAM

## DAY TWO: Saturday November 12, 2022



### HALLUX VALGUS-LECTURE


7:30 am	Breakfast
7:45 am	Anatomy of the first ray
7:55 am	Soft tissue release
8:05 am	Akin osteotomy: surgical technique
8:15 am	Percutaneous Chevron osteotomy: surgical technique
8:30 am	Percutaneous Intra-articular Chevron Osteotomy (PeICO technique)
8:40 am	Hallux valgus/MIS: what can we learn from the literature?
	Attendee questions

9:00 am *Coffee Break* 

### HALLUX VALGUS-LAB SESSION

9:20 am	SawBones demo-Akin
9:25 am	SawBones demo-Chevron
9:35 am	SawBones LAB including fixation
10:05 am	Cadaver demo-Akin
10:15 am	Cadaver demo-Chevron
10:30 am	Cadaver demo-PeICO
10:45 am	Cadaver LAB
	Attendees questions
12:00 pm	DRESSING-TECHNICAL TIPS VIDEO
12:15 pm	DRESSING TRAINING

1:00 pm

Lunch 

### CALCANEAL OSTEOTOMY-LECTURE

2:00 pm MICO technique, postoperative care, review of literature

### CALCANEAL OSTEOTOMY-LAB SESSION

2:25 pm	SawBones demo
2:30 pm	SawBones LAB including fixation
2:45 pm	Cadaver demo
3:00 pm	Cadaver LAB
4:20 pm	Specimen Dissection

### COURSE CONCLUSION

4:30 pm	Complications in percutaneous surgery and how to avoid them
4:45 pm	From easy to difficult: how to introduce percutaneous techniques into practice
5:00 pm	MIFAS: Our next steps



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