



PROGRAM

FRIDAY, SEPTEMBER 17th



FRIDAY, SEPTEMBER 17th

Coffee to go

09:00-10:30h
Rotator cuff

OPENING

Moderators:
Yasmaine Karel (Netherlands)
Jayanti Rai (United Kingdom)

14:10-15:45h
Shoulder arthroplasty

Moderators:
Bruno Santullo (Italy)
Yasmaine Karel (Netherlands)

09:00 - 09:20h **Muscles and tendons overload during sports and everyday activities**
Pawel Cisowski (Poland)

14:10 - 14:30h

Reversed prosthesis - when and what are the implications for physiotherapy pre- and post op.

09:20 - 09:40h **RC tear when and how to repair**
Gregory Cunningham (Switzerland)

14:30 - 14:50h

Carl Ekholm (Sweden)
How to optimize active shoulder function after surgery with reversed arthroplasty

09:40 - 10:00h **Physiotherapy after RC repair**
Corinne Bernimoulin - Suzanne Gard (Switzerland)

14:50 - 15:10h

Ingrid Hultenheim Klintberg (Sweden)
Shoulder arthroplasty outcome measures and biomechanical testing

10:00 - 10:20h **RC injury prevention in sports**
Monika Gygorowicz (Poland)

15:10 - 15:35h

Discussion - statement

10:20 - 10:30h **Discussion - statement**

15:45 - 16:15h

Coffee break / Oral posters

10:30 - 11:00h *Coffee break*

11:00-12:40h
Stiffness

Moderators:
Ingrid Hultenheim Klintberg (Sweden)
Corinne Bernimoulin (Switzerland)

16:15 - 17:45h
Atraumatic shoulder instability



11:00 - 11:20h **Stiff Shoulder**
Annelies Maenhout (Belgium)

Physiotherapy approach for a-traumatic instability of the shoulder

11:20 - 11:40h **Stiff elbow**
Val Jones (United Kingdom)

Marcus Bateman (United Kingdom)
Physiotherapy approach of patients with complex pain and chronic a-traumatic instability

11:40 - 12:10h **Functional and biomechanical assesement of stiff shoulder and elbow**

Andre LeLeu (United Kingdom)

12:10 - 12:40h **Discussion - statement**

12:40 - 14:10h *Lunch Workshops*

17:45 - 19:15h

GENERAL ASSEMBLY



20:30h

SECEC All Together Dinner

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WORKSHOPS

The EUSSE Workshops will not be held In-Person in Poznan.

They will be pre-recorded by the speakers and available to be watched on demand after the Congress for all the registered delegates to SECEC - EUSSE.

Workshop I

Elbow stiffness

Val Jones (United Kingdom)

Shoulder arthroplasty

Ingrid Hultenheim Klintberg (Sweden)

Rotator Cuff

Corinne Bernimoulin (Switzerland)

Shoulder stiffness

Annelies Maenhout (Belgium)

Jayanti Rai (United Kingdom)

Subacromial pain syndrome

Yasmaine Karel (Netherlands)

Atraumatic shoulder instability

Marta Jokiel - Ewa Breborowicz (Poland)

Motion capture analysis

Pawel Cisowski (Poland)

Workshop II

Elbow stiffness

Val Jones (United Kingdom)

Shoulder arthroplasty

Ingrid Hultenheim Klintberg (Sweden)

Rotator Cuff

Corinne Bernimoulin (Switzerland)

Shoulder stiffness

Annelies Maenhout (Belgium)

Jayanti Rai (United Kingdom)

Subacromial pain syndrome

Yasmaine Karel (Netherlands)

Atraumatic shoulder instability

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Motion capture analysis

